

Price list

Item	Wholesale price per kg
Arborio (risotto) rice	£4.87
Arrowroot powder	£5.09
Baking powder	£2.77
Banana chips	£3.82
Bicarbonate of soda (baking soda)	£1.30
Black turtle beans	£2.58
British grown organic carlin peas	£3.40
British grown organic green split peas	£2.85
British grown organic naked spelt grain	£4.04
British grown organic yellow split peas	£2.85
British grown whole grain quinoa	£4.60
Brown basmati rice	£3.30
Cannellini beans	£3.08
Cashew	£22.22
Chia seeds	£9.33
Chickpeas	£3.36
Classic muesli	£3.56
Cocoa powder	£18.69
Colombian Swiss Water decaf - whole bean or ground coffee	£13.89
Cornflakes	£6.42
Cornflour	£1.45
Dark speckled lentils (Puy)	£5.54
Decaffeinated English breakfast tea, loose leaf	£34.02
Dried apple rings	£6.99
Dried cranberries	£13.77
Dried oregano	£10.69
English breakfast tea, loose leaf	£20.30
Fair Trade golden granulated sugar	£2.71
Fair Trade pitted whole deglet noir dates	£7.70
Fair Trade sun-dried mango pieces	£21.37
Fine Atlantic sea salt	£1.07
Gluten-free porridge oats	£3.77
Linseed (flax seed), British grown	£2.34
Green lentils	£4.48
Fair Trade ground cinnamon (true Sri Lankan cinnamon)	£32.53
Ground turmeric	£12.60
Jumbo oats	£1.90
Light soft brown sugar	£3.37
Medjool dates	£17.92
Mixed herbs	£12.11
Mixed spices	16.94
Natural sesame seeds	£5.40
Natural whole apricots	£6.63
Peppermint tea, loose leaf	£14.18
Pinto beans	£3.39
Plain muesli base (nut-free)	£2.57
Popping corn	£2.91
Porridge oats	£1.67
Pumpkin seeds	£7.67
Raisins	£6.17
Red kidney beans	£3.60
Smoked paprika	£18.65

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Soya beans	£2.22
Split red lentils	£2.40
Sunflower seed kernels	£2.97
Walnut pieces	£16.68
White basmati rice	£3.83
Whole almonds	£15.98
Whole black peppercorns	£36.88
Whole hemp seeds	£5.95
Wholegrain cous cous	£3.21
Yorkshire tea loose leaf	£20.41
Desiccated coconut	£6.30
Wild bird seed	£0.99
Dark chocolate drops	£12.83
Pistachio nut kernels	£30.80
Pine nuts	£42.84
Dark soft brown sugar	£3.06
TVP soya mince	£3.21
Ground almonds	£20.67
Carlin peas (red fox) - British grown alternative to chick peas	£2.76
Finca El Arcangel coffee from Bolivia	£14.00